

Wednesday, June 12, 2024

Regulatory Mapping Update Open House

Date and Time: Wednesday, June 12 3:00 pm - 6:00 pm

Address: 277 Kenrei (Park) Road

Kawartha Conservation has implemented significant updates to its regulatory mapping to comply with provincially mandated changes outlined in the Conservation Authorities Act and the consolidation of all 36 Conservation Authorities under a single regulation (O. Reg 41/24). These updates incorporate the latest legislative framework and technical information, ensuring that our regulated areas mapping is current and accurate.

There will be an Open House from 3-6 p.m. on Wednesday, June 12 at the Kawartha Conservation Administrative Building at 277 Kenrei Road, Lindsay, to learn more.

Amphibian Adventure: Discovering Frog Sounds

Date and Time: Wednesday, June 12 6:00 pm - 7:00 pm

Address: 277 Kenrei Road

Join Conservation Areas Assistant Ben Volmer's for an engaging guided hike on frog call identification at Ken Reid Conservation Area. Whether you're a novice or an experienced naturalist, this event offers a unique opportunity to learn how to recognize different frog calls and understand the habitats they thrive in.

Meet at the Lakeview Parking Lot. Dress for the weather and prepare for an immersive experience in nature.

The cost is \$10 per person plus tax.

Saturday, June 15, 2024

Forest Therapy at Ken Reid Conservation Area

Date and Time: Saturday, June 15 9:00 am - 11:00 am

Address: 277 Kenrei Road

Join certified Forest Therapy Guide, Kristie Virgoe on an hour and a half mindful exploration in nature at Ken Reid Conservation Area.

In addition to reducing stress and improving mood, spending time in nature has also been linked to improved cognitive function and creativity. Studies have found that being in nature can improve memory and attention, as well as increase problem-solving skills and creativity.

Forest bathing is best done alone, or with a small group. The goal is to fully immerse yourself in the present moment, and to relax and let go of any stress or distractions. It is not exercise, or hiking, or jogging. It is simply being in nature, connecting with it through our senses of sight, hearing, taste, smell, and touch.

Come and experience nature, and yourself, in a new way.

Cost is \$10 per person.

Thursday, June 20, 2024

Birdwatching Basics: Guided Exploration at Ken Reid

Date and Time: Thursday, June 20 8:00 am - 9:00 am

Address: 277 Kenrei Road

Join Conservation Areas Assistant Jackson Boyes for an exciting exploration of the birds at Ken Reid Conservation Area. This event is suitable for all skill levels, from beginners to seasoned birdwatchers. You'll have the chance to learn about bird calls, identification tips, and discuss the different habitats that support a variety of bird species.

Meet us at the main parking lot at Ken Reid Conservation Area to embark on this guided birdwatching adventure. Please dress appropriately for the weather to ensure your comfort during the hike.

The cost is \$10 per person plus tax.

<https://Calendar.kawarthaconservation.com>